

Affinity BJJ & Submission
Grappling

Junior & Teens Safeguarding & Information

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Key Content

3.2 Changing rooms & Public spaces

The training facilities are based within a private rented facility called “The Fight Club” within Ripped Gym Basildon. During class times, no persons from the public are to enter unpermitted, and in no instances will children be unsupervised within this space.

The changing rooms where toilets are located, are within viewing distance from the front doors of the facility. This area of the gym is a public space where Affinity BJJ has no control over access.

If a child requires access to the facilities during training, (toilet or changing rooms). Coaches will ask parents who are permitted to wait in the cafe at the front door of the facility to take them.

If a parent/guardian is not available, coaches & assistant coaches are instructed to use the buddy system. This entails asking the student to visit the facilities with an appropriately aged and gendered training partner. Coaches will ask the students to check who is in the changing room prior to entering, to ensure children feel safe within the environment. Coaches will then stand by the door of “The Fight Club” to ensure that students make it to the changing rooms to use the facilities

Under no circumstances will coaches or assistant coaches supervise students in the changing rooms or toilet facilities. Nor can they or Affinity BJJ be held responsible for their safety,

3.1 Injury prevention & Procedure

Affinity BJJ Coaches teach techniques and training methods with injury prevention as a constant consideration. All drilling and sparring is supervised at all times, any excessive training intensity or techniques which pose a risk to students, will be stopped immediately.

However, despite measures being taken by coaches, BJJ is a physical combat sport and the risk of injury is always present and this should be understood by students and parents/guardians...



1.0 Policy Statement

At Affinity BJJ, we recognise safeguarding as a legal priority. It is our aim to ensure that children and young adults can learn within a safe and caring environment. This policy applies to students between the ages of 6-15 who wish to participate in jiu-jitsu classes with Affinity BJJ.

2.0 Staff

All coaches and assistant coaches are Enhanced DBS checked with in-depth, up to date knowledge of safeguarding. It is the responsibility of all members of staff to ensure the safeguarding policy is adhered to at all times.

3.0 Safety & Welfare of Children

3.1 Injury prevention & Procedure

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However, despite measures being taken by coaches, BJJ is a physical combat sport and the risk of injury is always present and this should be understood by students and parents/guardians.

In the event of an injury, we will first try to establish with the student if it is too painful or uncomfortable to continue training. If this is the case the student will be led to their parent or guardian waiting in the cafe area. In the case that there is no parent/guardian present the student will sit out training until feeling better, or the end of class.

If an injury occurs that we believe requires urgent attention, parents/guardians will be called, and emergency services if required.

Affinity BJJ have basic first aid supplies on-site and designated first-aid trained individuals should the situation require it.

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3.3 General Welfare

To cover key areas of safeguarding, all staff members of Affinity BJJ will be vigilant on the general welfare of children outside of the establishment as well as during classes. This may refer to the children's home life. It is the responsibility of all coaches who work with children to spot early signs of mistreatment, possible signs to look out for may be:

- Signs of neglect e.g dirty clothes, bad hygiene or signs of malnourishment.
- Change in their behavior e.g becoming more reserved, tiredness
- Physical signs e.g visible cuts, bruises or other injuries

If a child was to disclose any mistreatment, we will take the following steps:

- Listen carefully
- Take them seriously
- Explain the next steps (depending on the situation)
- Report what the child has disclosed as soon as possible to the relevant body. This may mean speaking to the parent or depending on the severity of the matter, we may report to the National Society for the prevention of Cruelty to Children (NSPCC).

3.4 Bullying

Any form of bullying or harmful behavior will not be tolerated at Affinity BJJ. Any instances will be reported to the next of kin for both parties involved, and a resolution will be addressed where necessary.

Examples of bullying

- Name calling
- Deliberate hostility and aggression
- Racist or homophobic remarks
- Sarcasm
- Spreading rumors about others
- "Teasing"

As a club we will

- take the problem seriously
- Investigate any incidents
- Talk to both parties separately
- Seek to resolve

In serious cases membership of the club may be withdrawn immediately without refund.

4.0 Equality & Diversity

We welcome all students regardless of their gender, religion, culture, background, race, sexuality or other traits that make a person unique. All students should feel safe to train with Affinity BJJ.


5.0 Photography

The following rules should be observed:

By signing up for a membership at Affinity BJJ parents grant their consent for the taking and publication of photographic images of students during training.

All young people must be appropriately dressed for the activity taking place. Photography or recording should focus on the activity rather than a particular young person and personal details which might make a young person vulnerable, such as their exact address, should never be revealed.

Anyone taking photographs or recording within the club must have a valid reason for doing so and should have made checks with the Head Coach / Assistant coaches to ensure there are no children who are NOT to be photographed.



All concerns regarding inappropriate or intrusive photography should be reported in confidence to the Head Coach or Safeguarding officer.

No photograph of a child or young person should be posted on Social Media sites that identifies the child or young person by either name or address.

Comply with requests from the club/parent to cease taking photographs immediately.

6.0 Social Media Policy

It is expected that members will uphold the ethos of the club in all social media interactions. Members will not act in such a way that the image of Affinity BJJ is brought into disrepute nor in a way that harms it in the immediate and wider BJJ community.

Social media can be, when appropriate, an effective tool and is commonly used by the BJJ community to disseminate information, express their views, comments, ideas and criticism on a whole range of issues. Affinity BJJ expects members to use social media in a respectful and responsible manner. Social media should not be used to insult, present offensive or inappropriate content or to misrepresent the club or any member of the club or the external BJJ community.

Social Media – refers to all social networking sites such as (but not limited to) Facebook, Twitter, LinkedIn, Google+, Formspring, YouTube and MySpace, Team sites such as Pitchero, and includes email and mobile devices.

All reports of cyberbullying and other technology misuses will be investigated fully and may result in notification to the police where Affinity BJJ is obliged to do so.

Sanctions may include, but are not limited to, suspension, or banning from membership of Affinity BJJ.